

About us

Carers' Hub Lambeth is commissioned by Lambeth Council.

The Carers Hub is delivered through a Consortium consisting of South Thames Crossroads, Age UK Lambeth, Disability Advice Service Lambeth (DASL) and Lambeth Mencap.



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Contact Us

Just talking through an issue you are facing can make a situation seem clearer.

Our usual opening times are Monday to Friday, 9am to 5pm. Some services may be available over the weekend.

Please contact us to register and keep up to date with service developments. You will receive information about carer news, forums and events in Lambeth.

Call us on

020 7642 0038

Email us at

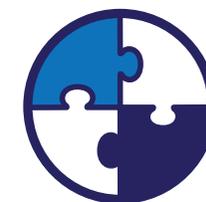
connect@carershub.org.uk

Visit our website

www.carershub.org.uk



Services for Carers



**Carers Hub
Lambeth**
Connecting Carers

“Talking to someone who understands the pressures I am under and can offer practical, as well as emotional support makes all the difference.”

Carers' Hub Lambeth
336 Brixton Road
LONDON
SW9 7AA

Carers Hub Lambeth is managed by South Thames Crossroads
Registered Charity No. 1027026 Company No. 2742445



A carer looks after their child, partner, relative or friend because they are ill, frail or have a disability and would not be able to manage on their own.

Other services

- Regular **Carers Forums** are held with workshops and invited speakers, exploring issues affecting carers and providing an opportunity for you to give your views and meet other carers.
- The **Peer Support Service** helps you to access focused support, specialist knowledge and increase your ability to handle life's issues. This service builds on the excellent work already done by Crossroads Care – South Thames.
- The **Mental Health Service** provides carers of people with mental health problems with individual support, information, advice, education and access to support groups and events.
- The **Learning Disability Service** provides support and advice to carers of people with a learning disability and seeks to promote carer involvement and empowerment.
- Direct access to **local specialist agencies and organisations**.
- Online **Carers' Community Forums**
- Quarterly **Carers' Hub Newsletter**

Looking after you

- Access to discounted services. Please contact us for more information.
- Information on local community activities, events and carers support groups.

Looking after someone you care for

Caring for a loved one, friend or neighbour is often instinctive with little or no financial support. Providing advice and information and dedicated support for all unpaid carers is our mission. The Carers' Hub team are **Committed, Assertive, Respectful, Energetic and Resourceful** working for and on behalf of carers.

Enquiry line

This service is run by experienced staff who understand the pressures facing carers. We provide a one stop service, giving you accurate and up to date information and connecting you with the right services for your situation. The main issues we deal with are community care, housing, NHS treatment, welfare benefits, charitable grants, carers rights, employment, education and training.

We can also help you to find emotional support and be a listening ear when you need to talk. You can call to speak to someone Monday to Friday, 9am to 5pm.

Advice & Support

Understanding welfare benefits, challenging a benefit award decision, accessing the right services, moving home and other issues related to your caring role. We offer one-to-one advice and support by appointment and can visit you at home if needed.

Carers' Network

By joining the Carers' Network you will receive regular news and information about services and events, including Carers' Hub Forums and use the Hub's Online Forum to express your views on issues affecting carers in your local area. Help us to influence local policy on service development for carers.



Partnership Works

Using the combined resources of partner organisations and professionals Carers' Hub Lambeth can also provide access to :

- Short Break Services
- Outreach Services
- Advice Care Work
- Direct Payments Advice
- Home-based Day Care
- Befriending
- Specialist support