

**Do you feel  
threatened  
or at risk of  
violence?**

**We can  
support you.**

**the  
Gaia  
centre**

**Run by Refuge**

**Working in Lambeth  
to end gender violence.**



## What is the Gaia Centre?

The Gaia Centre provides confidential, non-judgmental and independent support services for those who are experiencing gender violence in the London borough of Lambeth. Our services support women and girls aged 14 or older, and males aged 16 or older.

## What is gender violence?

Gender violence occurs when an individual or group of individuals exerts power and control over someone else.

Types of gender violence include:

- Domestic violence (physical, sexual, financial, emotional or psychological abuse)
- Rape and sexual assault
- Stalking
- Prostitution
- Trafficking for sexual exploitation
- Female genital mutilation (FGM)
- Forced marriage
- So-called 'honour'-based violence

## Who can access support from the Gaia Centre?

Anyone living in Lambeth who has experienced or is at risk of gender violence and is one of the following:

- Women and girls aged over 14
- Men aged 16 or older

Our services are available to the above clients and their children. We will provide support that suits your individual needs.

## What support is available from the Gaia Centre?

Everyone's needs are unique and we will work with you to create a support plan that helps keep you safe. For example you may need to:

- Talk to someone who understands what you are going through
- Receive support with contacting the police
- Move away from the area
- Access a refuge
- Stay at home but want to find out how you can keep safe
- Receive support if you are considering going to court
- Access legal advice
- Manage your financial situation
- Find out about support networks in your community
- Get specialist support for your children



## What services are available from the Gaia Centre?

- One-to-one confidential, non-judgmental, independent support
- A specialist independent gender violence advocacy (IGVA) team to support you if you are at risk of serious harm
- A specialist service for 14-16 year-old girls
- A sanctuary scheme to help you remain in your home safely
- Group support
- A peer support scheme to help break your isolation; to help build social networks and to support you while you regain control of your life
- Volunteering opportunities

## How can I access the Gaia Centre?

Telephone: **020 7733 8724**

Email: **[lambethvawg@refuge.org.uk](mailto:lambethvawg@refuge.org.uk)**

Website: **[www.refuge.org.uk/gaia-centre-lambeth](http://www.refuge.org.uk/gaia-centre-lambeth)**

## What is Refuge?

Refuge is the country's largest provider of specialist support for women and children experiencing domestic violence.

Our services change lives and save lives.

We opened the world's first safe house for abused women and children in West London, in 1971. Our national network of services now supports over 1,600 women and children on any given day.

If you are being abused, Refuge's expert staff can provide confidential, non-judgmental support. We can help you rebuild your life free from fear.

Our website **[www.refuge.org.uk](http://www.refuge.org.uk)** contains more information for anyone who has or is experiencing gender violence, concerned friends and family members, and professional organisations.

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# 0808 2000 247

**Freephone 24 Hour National Domestic Violence Helpline**

Run in partnership between Refuge and Women's Aid.

**Or in an emergency, dial 999**

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