



### Additional support to front line staff and teams

In addition to referring clients to the LEIPS service we are also able to provide ongoing advice and support to all front line staff around health promotion, giving effective and evidence based messages.

We have a team of health promotion specialists who work with health and community staff. We have a health promotion training team and we have our health knowledge and information resource team (who provide public health library services and a health information/ leaflet service). [www.hpac.lslsis.nhs.uk](http://www.hpac.lslsis.nhs.uk)

These teams support and lead on providing health information at community events and can support and advise on local health improvement campaigns.

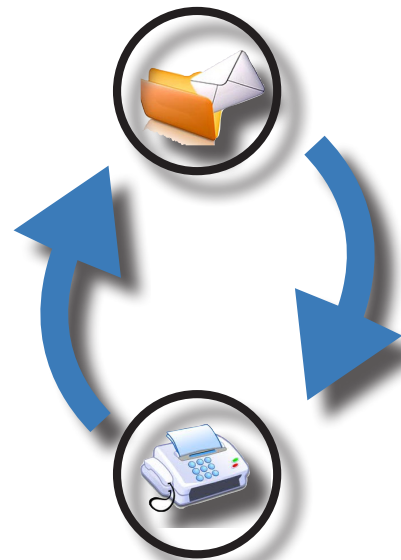
#### For information please contact:

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## Lambeth Early Intervention Prevention Service (LEIPS)

LEIPS: a care pathway with a focus on prevention and early intervention



### Welcome to the second issue of the LEIPS newsletter

*This referral form replaces the 'Lifestyle Interventions' referral form that the practices have been using.*

Please be advised that in the weekly bulletin dated Friday, 24th June 2011 our email address was incorrect. See below for our new email address. Sorry for any inconvenience.

### Referral Process

From 1st July 2011, please use the community services common referral form to refer to LEIPS services.

#### Referral contact details:

The email address is:  
**[GST-TR.ReferralsLEIPS@nhs.net](mailto:GST-TR.ReferralsLEIPS@nhs.net)**

Referrals can be faxed on a secure fax to:  
**020 3049 5256**

Referrals can be made by phoning:  
**020 3049 5242**

We encourage self referrals as this is a good indicator of motivation to change. Self referrals can be made via telephone. The client will then be given a brief assessment with the health promotion specialist to determine the most appropriate service required.



### Communication

All clients will be contacted within 3 working days. The referrer will be notified within 7 working days as to which service the referral has been directed to. A discharge letter detailing the positive changes/outcomes that the client has achieved will be sent to the referrer at the end of the episode of care.

Some outcomes that may be achieved are:

- The client has successfully quit smoking for 4 weeks
- The client has successfully completed the expert patient programme
- Reduction in BMI
- Reduction in blood pressure
- Increased activity
- Reduction in number of units of alcohol consumed per week.

**Patient Profile**  
You may wish to refer clients who have Long Term Condition/s, CVD risk above 20%, BMI above 30, Hypertension, etc  
Lifestyle Interventions will include Structured Diet & Physical Activity Group sessions and/or 1-1 support  
\* Please note this is not an exhaustive list, just a guide

**Referral by Health Care Professional**  
Referral can be made using the Community Services common referral form  
Once completed please send by email to [GST-TR.ReferralsLEIPS@nhs.net](mailto:GST-TR.ReferralsLEIPS@nhs.net) OR Secure fax to 020 3049 5256  
\* Self Referrals are welcome too.

**Client Contacted**  
By telephone within 3 days after receipt of referral  
\*Please note 3 attempts to contact will be made by LEIPS and a letter sent after the third attempt requesting the patient/client contact LEIPS directly

**Live Triage takes place**  
\*Completed over the phone in most cases, face to face if necessary

**Onward Referral Made**  
Teams Include:  
EPP/Self-care  
Exercise on Referral  
Healthy Weight  
Lambeth Stop Smoking Service  
Health Promotion  
Health Trainers  
Alcohol Brief Intervention Service

**Feed back to Referrer on**  
Service the client has been referred to  
Outcome of intervention

**Follow Up**  
\*this will provide indication of client/patient satisfaction with the service